

From the desk of Namita T. Chaudhary, D.D.S.

POST-OP INSTRUCTIONS
For
COMPOSITES/CROWN or BRIDGE WORK

Pos-op Instructions for Composites (Tooth-Colored Fillings):

- Please DO NOT eat anything for about 1 hour
- If you had anesthesia, then please DO NOT eat until the numbness from the anesthetic wears off completely, so you DO NOT bite your lip or cheek. The time the anesthetic wears off varies from patient to patient and the type of anesthetic used.

Pos-op Instructions for Crown or Bridge Work:

- Please DO NOT eat, drink, or rinse with water, mouthwash, or any liquids for 1 hour following this appointment. This allows for the temporary cement to harden completely.
- If you had anesthesia, then please DO NOT eat until the numbness from the anesthetic wears off completely, so you DO NOT bite your lip or cheek. The time the anesthetic wears off varies from patient to patient and the type of anesthetic used.
- Please AVOID sticky foods such as gum, taffy, jelly beans, or caramels during the duration of wearing the temporary crown or bridge. If the temporary crown or bridge should fall off, save it and call our office and we will see you to put it back on.
- When flossing the area on either side of the temporary crown or bridge, place the floss in, moving toward the gum, and pull it through between the teeth, rather than pulling the floss back up. This could dislodge the temporary crown or bridge.