



SENIOR
smile

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Providing Mobile Dental Care
Serving Maryland, DC & Virginia
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POST-OP INSTRUCTIONS for COMPOSITES (Fillings), CROWNS and/or BRIDGEWORK

Patient Name: _____ **Date:** _____

Tooth/Teeth #'s: _____

Ordered By: _____ **(Dr. Thapar-Dua)**

Post-op Instructions for Composites (Tooth-Colored Fillings):

- Please **DO NOT** eat anything for about 1-hour Post-op Instructions for Composites (Tooth-Colored Fillings)
- If you had anesthesia, then please **DO NOT** eat until the numbness from the anesthetic wears off completely, so you **DO NOT** bite your lip or cheek. The time the anesthetic wears off varies from patient to patient and the type of anesthetic used.

Post-op Instructions for Crown and/or Bridge work:

- Please **DO NOT** eat, drink, or rinse with water, mouthwash, or any liquids for 1 hour following this appointment. This allows for the temporary cement to harden completely.
Post-op Instructions for Crown or Bridge Work
- If you had anesthesia, then please **DO NOT** eat until the numbness from the anesthetic wears off completely, so you **DO NOT** bite your lip or cheek. The time the anesthetic wears off varies from patient to patient and the type of anesthetic used.
- Please **AVOID** sticky foods such as gum, taffy, jellybeans, or caramels during the duration of wearing the temporary crown or bridge. If the temporary crown or bridge should fall off, save it and call our office and we will see you to put it back on.
- When flossing the area on either side of the temporary crown or bridge, place the floss in, moving toward the gum, and pull it through between the teeth, rather than pulling the floss back up. This could dislodge the temporary crown or bridge.